



FAIRFIELD BAPTIST CHURCH

The Lord's Prayer - Forgiveness

Read: Matthew 6:12-13; Psalm 51

In This Passage: Jesus sets the example of asking for forgiveness and for help resisting temptation. In Psalm 51, David confesses his greatest sins and asks God to give him a clean heart.

Bible Point: Saying "sorry" is part of prayer.

Summary Verse: "Our Father in heaven, Hallowed be Your name. Your kingdom come. Your will be done On earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, As we forgive our debtors. And do not lead us into temptation, But deliver us from the evil one. For Yours is the kingdom and the power and the glory forever. Amen. ' Matthew 6:9-13

Being covered in mud can be fun for a little bit, but eventually we need to be washed clean! Sin is kind of like that. Sin is all the stuff we do wrong, and it makes us dirty on the inside. But when we say we're sorry to God, he forgives us and gives us clean hearts. Let's find out more about what the Bible says about saying we're sorry. The Bible is a really special book, unlike any other book. In it, God shows us how to pray. God is here right now, ready to talk with you! Let's talk with him.

Worship: <https://youtu.be/kP29O6rILWc> and <https://youtu.be/ijPuAtrwHYM>

Teach: God doesn't want us to do wrong things, but sometimes we do. All of us do wrong things. But when we say we're sorry to God, he forgives us. Wrong things hurt us and others. Because God loves each one of us, he doesn't want anyone to be hurt. That's why we say "sorry" to God when we pray.

On a piece of paper draw a picture of something you did as a child that was wrong, and then invite kids to do the same thing. Ask kids to tell you about their pictures.

Look at all these wrong things, or sins, that people do. All of us sin and do wrong things. All people do. But God forgives us. That's why we say "sorry" when we pray. When we do wrong things we say we're sorry to God and he forgives us.



Turn over the paper and draw a heart. God forgives us because he loves us. Saying "sorry" is part of prayer, and God forgives us. Let's talk to him right now about wrong things we do.

Game: Carry a Burden

Sin can make us feel weighted down. What it means is, when we do something wrong, it can make us feel sad or down. Usually we feel bad inside when we do something wrong, even if we don't want to tell anyone.

Give each person a rock to hold. At first we might think the wrong thing wasn't a big deal, but the longer we carry it around—the longer we don't say we're sorry to God or to the people we hurt—the heavier it is. Let's see how long we can hold these rocks that remind us of sin. Lead kids in continuing to walk in the same way, each holding a rock stretched out from his or her body. Turn on a joyful song as kids do this. After about 20 seconds, say: This is a great song, but I'm distracted by holding this rock. I feel like I can't celebrate and really enjoy the song while I'm carrying this "sin" around. Continue until kids are asking to put their arms down. Have kids stop where they are, but encourage them to keep their rocks up.

Talk about: There was a man in the Bible who talked about this. His name was David, and he'd done something he knew was wrong. Read Psalm 51:1-3. David was saying he was sorry to God and asking for forgiveness from God. We can talk to God like that, too.

Pray: Let's talk with God now. Think of something you did that you knew was wrong. Say you're sorry to God because you know he loves you and because when God forgives you, he helps you let go of that weight. (Lead kids to say they're sorry to God for something wrong they did and put their rocks on the ground.)

Ask: • How do you feel now that you don't have to hold that rock anymore?)

When we say we're sorry to God, he frees us from carrying around the heavy weight of sin, kind of like how we put down our rocks. And now we can celebrate without carrying around anything heavy.

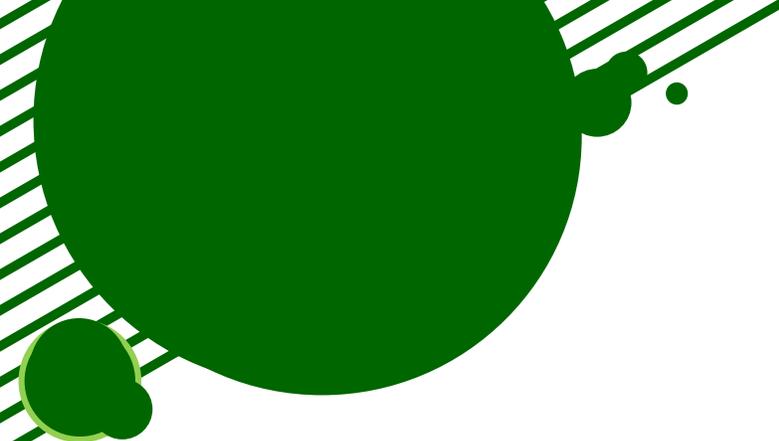
Turn on a joyful song, and encourage children to sing and dance to celebrate that God frees them from sin when they say they're sorry to God.

Other activities: Find a plastic container that you can recycle ie ice-cream container lid. Cut it into a person shape or heart. Write 'sins' on it that you can think of with washable felt tips. Put it in a basin of soapy water as you pray to God and see how the person becomes clean again.

Actions for the Lord's Prayer:

https://youtu.be/tOugEQpcc_k





● *Prayer page:*
Write prayers as a family on this page.

And forgive us our debts, As we forgive our debtors.